Faculty/Staff Appreciation **Activity**

Why?



Being a youth advocate is complex. Having adults who are understanding and validating mentors can be powerful. As both a general BC2M club & individual students, there are likely members of faculty/staff at your school including your staff advisor who you are appreciative of for various reasons. Spend this time to showcase your appreciation for these incredible individuals!

How-To



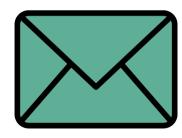
With your BC2M club, have a discussion centered on those you appreciate. Who within your community has impacted you? Why are you grateful for them? How can you best show gratitude? Brainstorm together & share stories about memories you have with these impactful people.

There is a lot of flexibility with this activity! Change as you see fit!

Materials



Pens, letters, envelopes



Reflection Time



After you hand out the letters you have written to faculty/staff members you are grateful for, meet as a group or even text in a club aroupchat sending updates on how the activity went.

- How did faculty/staff respond?
- What was it like handwriting a note to a member of faculty/staff?
- What did you learn about yourself
- How can you better implement gratitude into your daily life?

